

HealthAdvocate™

Help is Only a Phone Call Away

Health Advocacy

Unlimited, confidential access to a Personal Health Advocate, typically a registered nurse supported by medical directors and benefits and claims specialists, who can get to the bottom of a wide variety of healthcare and insurance-related issues.

Your Personal Health Advocate can help you and your family:

- Find the right doctors, hospitals and other providers
- Schedule tests and appointments
- Secure second opinions
- Explain benefits coverage and health conditions
- Research the latest treatments
- Resolve billing and claims issues
- Locate eldercare services
- Make informed decisions
- Save you time, money and worry

During your very first call, you will be:

- Assigned a Personal Health Advocate
- Asked for necessary background information
- Informed of all the ways Health Advocate can help
- Assured that your question, problem or request will be addressed, no matter how long it takes

EAP+Work/Life™

Your EAP+Work/Life benefit gives you confidential access to a Licensed Professional Counselor (unlimited phone consultations, and up to 3 in-person visits per issue) or Work/Life Specialist, who can provide short-term assistance with the temporary setbacks in life.

Get help 24/7 with personal, family and work issues such as:

- Grief, loss, depression; relationship issues, divorce
- Job stress, burnout, work/life balance
- New baby, adoption, eldercare
- Financial and legal issues, retirement, identity theft
- Addiction, eating disorders, mental illness

In a crisis, emergency help is available 24/7.



Who is covered?

Health Advocacy is available to eligible employees, their spouses or domestic partners, dependent children, parents and parents-in-law.*



866.799.2728
HealthAdvocate.com/members



*Some restrictions apply.