

EARTHQUAKE TIPS

THAT CAN HELP MAKE YOUR FAMILY SAFE BEFORE AND AFTER A QUAKE

1. Make sure your gas tank is always $\frac{3}{4}$ full.
2. Make sure all of your and your dependent's prescriptions are filled and up to date; do not let anything lapse and keep at least 3 days' worth of medication.
3. Have 60 gallons of water on hand for a family of 4.
4. Have a BBQ for cooking with 2 bottles of propane or enough charcoal to cook 12 meals for your family.
5. Have back-up batteries for constant usage and have 3 or more sets of batteries for flashlights and radios. You could also purchase an external phone charger for your cell phone.
6. Have a solar panel for your car battery, you can get one that covers your dashboard and use your car to charge your cell phones.
7. Texting on a cell phone is for communications is best, uses the least amount of power, and can usually get through.
8. Meals Ready to Eat (MRE's) are expensive, don't taste good and are fattening, so think about food you can store and planting a fruit tree or two.
9. The Survival store and websites tend to be overpriced, most supplies are available at Target, Wal-Mart, and grocery stores at lower, fair prices.
10. Rotate all of your supplies if you have frozen meat and water several times a year.
11. Have a medical kit for your family that includes topical ointments, bandages, and things for burns, cuts and abrasions. Make sure you rotate these items as well and check expiration dates. This is a great place to list your family's medical history, allergies, and medications. Have a smaller version of these items in each vehicle.

12. Have a known meeting place and a back-up meeting place for family other than your home that all members can get to and know.
13. Select a family member out of state for all members to report to for family updates.
14. Use your Facebook page or Twitter account to post information and keep your entire family and friends informed.
15. Have an In Case of Emergency (ICE) number programmed in your phone so a rescuer can call or text family this family member.
16. Have a cash supply of about \$300.00 or more if possible for getting needed items as ATM's or credit cards may not work. Make sure a trusted person knows where you lock up these funds.
17. Have your passports, social security cards, and birth certificates in a water proof box so items will be safe and easy to store/carry.
18. Practice E.D.I.T.H. (Exit Drills In The Home) with your entire family.

<http://www.dhSES.ny.gov/ofpc/publications/documents/brochures/EDITH.pdf>

These tips may seem extreme but all these supplies and steps will help you and your family in the event of an emergency or an earthquake. It may be 72 hours before any help can get to you.