

Social Emotional And Wellness Resources	<p>From Conscious Discipline: <u>Understanding Trauma</u> -A Webinar Series. In support of COVID-19 response this resource is available at no cost for 90 days.</p>	<p>https://consciousdiscipline.com/product/understanding-trauma-webinar-series-individual-1-year/</p>
	<p>Conscious Discipline: Free printable social story “Why Can’t I Go To School?” by Abbi Kruse Available in 19 languages! Also printable tools & activities. Pre-school – 2nd</p>	<p>https://consciousdiscipline.com/why-cant-i-go-to-school-social-story/</p> <p>https://consciousdiscipline.com/free-resources/type/printable-tools-and-activities/</p>
	<p>CenterVention: Free Social Emotional Learning Activities: URL is for the home page. You can filter by skill and age groups. This is a direct link for working through anxiety</p>	<p>https://centervention.com/social-emotional-learning-activities/</p> <p>https://www.centervention.com/identifying-and-coping-with-anxiety-lesson/</p>
	<p>Child Trends: Resources for supporting Children’s Emotional Well-being during the COVID-19 Pandemic 3/19/20</p>	<p>https://www.childtrends.org/publications/resources-for-supporting-childrens-emotional-well-being-during-the-covid-19-pandemic</p>
	<p>Harvard Medical: Tips to help parents cope due to the coronavirus</p>	<p>https://www.health.harvard.edu/blog/school-closed-due-to-the-coronavirus-tips-to-help-parents-cope-2020031819238</p>
	<p>PBS Educational activities with a weekly schedule during Covid19: How to talk with your kids about the coronavirus:</p>	<p>https://www.pbssocal.org/education/week-1-weekly-schedule-joyful-authentic-learning-school-closures/</p> <p>https://www.pbs.org/parents/thrive/how-to-talk-to-your-kids-about-coronavirus</p>
	<p>Virtual Museums for virtual field trips around the world:</p>	<p>https://www.msn.com/en-us/travel/travel-trivia/stuck-at-home-these-12-famous-museums-offer-virtual-tours-you-can-take-on-your-couch-video/ar-BB119nm6</p>